

EASY DOES-IT FITNESS CLASSES

Goose Creek Activity Center

Choose from the following sessions:

*Monday, Tuesday, Wednesday,
Thursday, Friday
Time: 10:35-11:35 am*

FITNESS CLASS FEES:
*Monthly \$25
Non-Resident \$30
Daily \$5*

*Ball Class is included in the
Easy Does It monthly fees*

*Tues and Thursday
10-1030 am*

Daily \$2



Starting September

NEW CLASS

Tai Chi
(Monday)
*Monday, Tuesday,
Thursday
Time: 9-10 am*

NEW FEE

FITNESS CLASS FEES:
*Monthly \$15
Non-Resident \$20
Daily \$5*

