










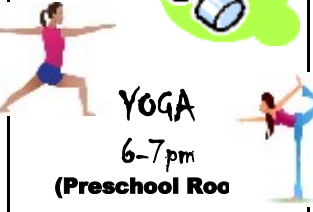









# JUNE Fitness Classes

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<b>STRENGTH</b> 6-7am	<b>BYOB:Bring your own ball</b>	<b>STRENGTH</b> 6-7am		
	<b>BALL</b> 830-9am		<b>BALL</b> 830-9am		
	<b>EASY DOES IT</b> FIT PARTY 9-10AM		<b>EASY DOES IT</b> STRENGTH 9-10AM	WATER FITNESS 9-10 am Crowfield Pool	
<b>STEP/SCULPT</b> 930-1030am		<b>TOTAL BODY</b> 930-1030am		<b>INTERVALS</b> 930-1030am	
<b>EASY DOES IT</b> HI-LO 1035-1135am		<b>EASY DOES IT</b> CHAIR/MAT 1035-1135am		<b>EASY DOES IT</b> STRENGTH 1035-1135am	<b>EASY DOES IT</b> ZUMBA GOLD 1035-1135am
<b>CLIMBING WALL</b> 930am -12/4-8pm	<b>CLIMBING WALL</b> 4-8pm	<b>CLIMBING WALL</b> 930am-12/4-8pm	<b>CLIMBING WALL</b> 4-8pm	<b>CLIMBING WALL</b> 930am-12/4-8pm	<b>SAT., &amp; SUN.</b> <b>CLIMBING WALL</b> 11am-4pm
 <b>CHILDCARE</b> 530-845pm Conference Room	<b>CHILDCARE</b> 530-845pm (Preschool Room)	<b>CHILDCARE</b> 530-845pm Conference Room	<b>CHILDCARE</b> 530-845pm Preschool Room)		
<b>STEP/WEIGHTS</b> 530-630pm	 <b>530-615pm</b>	<b>SUPER STEP</b> 530-630pm	 <b>530-615pm</b>		
 <b>YOGA</b> 6-7pm (Preschool Roo)		 			
<b>WERQ</b> 6:30-7:30pm	 <b>WATER AEROBICS</b>	<b>PIYO</b> 7-8pm (Preschool Room)	<b>WERQ</b> 6:30-7:30pm		
WATER FITNESS 7-8 pm Crowfield Pool		WATER FITNESS 7-8 pm Crowfield Pool			
<b>BARRE</b> 730-815pm	<b>ZUMBA</b> 730-830pm	<b>ZUMBA</b> 730-830pm			<b>FEES ON BACK</b>