

PRIME TIME: Programs for Active Senior Adults

AGES 55&UP
Goose Creek Recreation
519 A. North Goose Creek Blvd.
843-569-4242

November 2022

Monday	Tuesday	Wednesday	Thursday	Friday
31 Happy Halloween Fitness Center MP1 12 – 4 pm Pinochle	1	2 Fitness Center MP1 12 – 4 pm Game Day Hand & Foot Card Game 12:45 – 1:45 pm Line Dancing AC Dance RM	3 Ceramics: Gourd 12:30 – 2:30 pm MP2	4 
7 Fitness Center MP1 12 – 4 pm Pinochle	8	9 Fitness Center MP1 12 – 4 pm Game Day Hand & Foot Card Game 12:45 – 1:45 pm Line Dancing AC Dance RM	10 Painting: Purple Passage 1 – 3 pm MP2	11
14 Fitness Center MP1 12 – 4 pm Pinochle	15	16 Fitness Center MP1 12 – 4 pm Game Day Hand & Foot Card Game 12:45 – 1:45 pm Line Dancing AC Dance RM Senior Thanksgiving Dinner 12:30 pm	17 Fused Glass Art: Candle Holder 1 – 3 pm MP2	18 
21 Fitness Center MP1 12 – 4 pm Pinochle	22	23 Fitness Center MP1 12 – 4 pm Game Day Hand & Foot Card Game 12:45 – 1:45 pm Line Dancing AC Dance RM	24 Happy Thanksgiving	25 Holiday
28 Fitness Center MP1 12 – 4 pm Pinochle	29	30 Fitness Center MP1 12 – 4 pm Game Day Hand & Foot Card Game 12:45 – 1:45 pm Line Dancing AC Dance RM		

PRIME SPONSOR: \$150 GRAND SPONSOR: \$50



MEDICAREPORTAL
NAVIGATE MEDICARE TOGETHER

Fused Glass Art: \$5&up

Ceramics: \$5 & up

Painting Class:

\$5R/\$6NR

Line Dancing Class:

\$4R/\$5NR

Game Day: Free

Easy Does It Fitness
Classes

Check out the fitness
calendar for a variety of
fitness classes for senior
adults.