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| PRIME TIME: Programs for Active Senior Adults Ages 55&up**Goose Creek Recreation****519 A. North Goose Creek Blvd.****843-569-4242** | March2023 |

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| Monday | Tuesday | Wednesday | Thursday | Friday |
|  |  | **1** **Fitness Center MP1****12 – 4 pm Game Day**Hand & Foot Card Game**12:45 – 1:45 pm Line Dancing AC Dance RM** | **2** | **3** |
| **6****Fitness Center MP1****12 – 4 pm Pinochle** | **7** | **8****Fitness Center MP1****12 – 4 pm Game Day**Hand & Foot Card Game**12:45 – 1:45 pm Line Dancing AC Dance RM** | **9****Ceramics: Bunny Dish****12:30 – 2:30 pm MP2** | A picture containing logo  Description automatically generated**10** |
| **13****Fitness Center MP1****12 – 4 pm Pinochle** | **14** | **15****Fitness Center MP1****12 – 4 pm Game Day**Hand & Foot Card Game**12:45 – 1:45 pm Line Dancing AC Dance RM** | **16****Painting Class:** **1 – 3 pm MP2** | Logo  Description automatically generated**17** |
| **20****Fitness Center MP1****12 – 4 pm Pinochle** |  **21****Senior Bingo: Free****1 pm AC/Aerobics RM****Sponsored by Lowcountry Health Brokers** | **22****Fitness Center MP1****12 – 4 pm Game Day**Hand & Foot Card Game**12:45 – 1:45 pm Line Dancing AC Dance RM** | **23****Painting Class:** **1 – 3 pm MP2**  | **24** |
| **27****Fitness Center MP1****12 – 4 pm Pinochle** | **28** | **29****Fitness Center MP1****12 – 4 pm Game Day**Hand & Foot Card Game**12:45 – 1:45 pm Line Dancing AC Dance RM** | **30** | **31** |



**PRIME SPONSOR: $150 GRAND SPONSOR: $50**

**Fused Glass Art: $5&up**

**Ceramics: $5 & up**

**Painting Class: $5R/$6NR**

**Line Dancing Class: $5**

**Game Day: Free**

**Easy Does It Fitness Classes**

**Check out the fitness calendar for a variety of fitness classes for senior adults.**



