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| PRIME TIME: Programs for Active Senior Adults Ages 55&up **Goose Creek Recreation**  **519 A. North Goose Creek Blvd.**  **843-569-4242** | March  2023 |

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| Monday | Tuesday | Wednesday | Thursday | Friday |
|  |  | **1**  **Fitness Center MP1**  **12 – 4 pm Game Day**  Hand & Foot Card Game  **12:45 – 1:45 pm Line Dancing AC Dance RM** | **2** | **3** |
| **6**  **Fitness Center MP1**  **12 – 4 pm Pinochle** | **7** | **8**  **Fitness Center MP1**  **12 – 4 pm Game Day**  Hand & Foot Card Game  **12:45 – 1:45 pm Line Dancing AC Dance RM** | **9**  **Ceramics: Bunny Dish**  **12:30 – 2:30 pm MP2** | A picture containing logo  Description automatically generated**10** |
| **13**  **Fitness Center MP1**  **12 – 4 pm Pinochle** | **14** | **15**  **Fitness Center MP1**  **12 – 4 pm Game Day**  Hand & Foot Card Game  **12:45 – 1:45 pm Line Dancing AC Dance RM** | **16**  **Painting Class:**  **1 – 3 pm MP2** | Logo  Description automatically generated**17** |
| **20**  **Fitness Center MP1**  **12 – 4 pm Pinochle** | **21**  **Senior Bingo: Free**  **1 pm AC/Aerobics RM**  **Sponsored by Lowcountry Health Brokers** | **22**  **Fitness Center MP1**  **12 – 4 pm Game Day**  Hand & Foot Card Game  **12:45 – 1:45 pm Line Dancing AC Dance RM** | **23**  **Painting Class:**  **1 – 3 pm MP2** | **24** |
| **27**  **Fitness Center MP1**  **12 – 4 pm Pinochle** | **28** | **29**  **Fitness Center MP1**  **12 – 4 pm Game Day**  Hand & Foot Card Game  **12:45 – 1:45 pm Line Dancing AC Dance RM** | **30** | **31** |



**PRIME SPONSOR: $150 GRAND SPONSOR: $50**

**Fused Glass Art: $5&up**

**Ceramics: $5 & up**

**Painting Class: $5R/$6NR**

**Line Dancing Class: $5**

**Game Day: Free**

**Easy Does It Fitness Classes**

**Check out the fitness calendar for a variety of fitness classes for senior adults.**

Logo

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