

# "OM"azing Kids

## Yoga (ages 6-12)

**Kids Yoga** empowers children and teaches them the skills to better care for their bodies, access and interpret feelings, manage stress, solve problems, and connect to others.



**INSTRUCTOR: Dawn Boone**  
Certified Kids Yoga Instructor - Holy Cow Yoga  
Certified Yoga Alliance 200 Hr. Registered Yoga Instructor -  
Tittibha Yoga School  
Certified Hatha Yoga Instructor  
Dawn specializes in fun and energetic classes for children ages 6-12 !

**Fridays, 10:00am-10:45am**

**June 7, 14, 21, & 28**

**Classes are held at the Activity Center**

**Cost per 4 week session: \$32 Resident/\$37 Non-Resident**

**Daily: \$8**

For more information contact the Goose Creek Community center at 569-4242  
or visit [www.cityofgoosecreek.com](http://www.cityofgoosecreek.com)

