
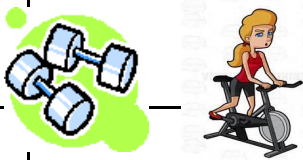
























APRIL Fitness Classes

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	STRENGTH 6-7am	BYOB:Bring your own ball	STRENGTH 6-7am		SPIN 815-9am
	BALL 830-9am		BALL 830-9am		Boot Camp 9-10am
	EASY DOES IT FIT PARTY 9-10AM		TOTAL BODY 930-1030am	EASY DOES IT STRENGTH 9-10AM	
STEP/SCULPT 930-1030am		EASY DOES IT STRENGTH 1035-1135am		INTERVALS 930-1030am	
EASY DOES IT HII-LO 1035-1135am	EASY DOES IT CHAIR/MAT 1035-1135am	CLIMBING WALL 4-8pm	EASY DOES IT ZUMBA GOLD 1035-1135am	EASY DOES IT TAI CHI 1035-1135am	SAT., & SUN. CLIMBING WALL 11am-4pm
CLIMBING WALL 4-8pm	CLIMBING WALL 4-8pm	CLILDCARE 530-845pm Conference Room	CLIMBING WALL 4-8pm	CLIMBING WALL 4-8pm	
	CLILDCARE 530-845pm (Preschool Room)	CLILDCARE 530-845pm Conference Room	CLILDCARE 530-845pm Conference Room	CLILDCARE 530-845pm Conference Room	
STEP/WEIGHTS 530-630pm		SUPER STEP 530-630pm	ABC'S 530-630pm (Preschool Room)		
	SPIN 530-615pm		SPIN 530-615pm		
YOGA 6-7pm (Preschool Room)					
WERQ 6:30-7:30pm	STRENGTH 630-730PM		WERQ 6:30-7:30pm		
		PIYO 7-8pm (Preschool Room)			
BARRE 730-815nm	ZUMBA 730-830pm	ZUMBA 730-830pm		FEEES ON BACK	
