



September 2019

PRIME TIME: Programs for Active Senior Adults

AGES 55&UP

City of Goose Creek Recreation
519 A. North Goose Creek Blvd.
843-569-4242

PRIME SPONSOR: \$150

GRAND SPONSOR: \$50

PRIME SPONSORS:



American Benefit Services
843-214-2447

Family Estate & Retirement Solutions, Inc.

Laura Drolet 843-708-6019
*"Who will be the beneficiary of
your life savings?"*

BANKERS LIFE

Tanisha Mazyck

Tanish.Mazyck@BankersLife.com
843-901-8347

Monday	Tuesday	Wednesday	Thursday	Friday
2 Labor Day Holiday	3	4 Fitness Center MP2 12-4 Games Day Hand & Foot Card game 12:45 – 1:45 pm Line Dancing AC Dance Rm	5 Fitness Center MP2 1-3 pm Painting Class Pears & More	6 Fitness Center MP2 12:30-2:30 pm Yarn Circle: Crocheting, Knitting & Social Time
9 Fitness Center MP2 12 – 4 pm Game Day: Pinochle Card Game	10	11 Fitness Center MP2 12 – 4 pm Game Day Hand & Foot Card Game 12:45-1:45pm Line Dancing AC Dance Rm	12 Fitness Center MP2 1-3 pm Painting Class Strawberry Delight	13 Fitness Center MP 2 12:30-2:30 pm Yarn Circle: Crocheting, Knitting & Social Time
16 Fitness Center MP2 12 – 4 pm Game Day Pinochle Card Game	17	18 Fitness Center MP2 12 – 4 pm Game Day Hand & Foot Card Game 12:45-1:45pm Line Dancing AC Dance Rm	19 Fitness Center MP2 1 – 3 pm Painting Class Lighthouse Harbor	20 Fitness Center MP2 12:30-2:30 pm Yarn Circle: Crocheting, Knitting & Social Time
23 Fitness Center MP2 12 – 4 pm Game Day Pinochle Card Game FREE Lunch & Learn MP1 11 – 1 pm	24	25 Fitness Center MP2 12 – 4 pm Game Day Hand & Foot Card Game 12:45-1:45pm Line Dancing AC Dance Rm	26 Fitness Center MP2 1-3 pm Painting Garden Gate	27 Fitness Center MP2 12:30-2:30 pm Yarn Circle: Crocheting, Knitting & Social Time
30 Fitness Center MP2 12-4 pm Game Day Pinochle Card Game				



Painting Class: \$5R/\$6NR

Must pre-register
Limited to 13 students per class
Supplies included

Line Dancing Class: \$4R/\$5NR

Lunch & Learn: Free must pre-register



Game Day: Free

Participants are welcome to
bring lite refreshments.

Regulars love playing the
card game Hand & Foot!