

November 2019

PRIME TIME: Programs for Active Senior Adults

AGES 55&UP

City of Goose Creek Recreation 519 A. North Goose Creek Blvd. 843-569-4242

PRIME SPONSOR: \$150 GRAND SPONSOR: \$50

PRIME SPONSORS:



843-214-2447

Family Estate & Retirement Solutions, Inc.

Laura Drolet 843-708-6019
"Who will be the beneficiary of your life savings?"

BANKERS LIFETanisha Mazyck

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843-901-8347

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Fitness Center MP2 12:30-2:30 pm Yarn Circle: Crocheting, Knitting & Social Time
4 Fitness Center MP2 12 – 4 pm Game Day: Pinochle Card Game	5	6 Fitness Center MP2 12 – 4 pm Game Day Hand & Foot Card Game 12:45 – 1:45 pm Line Dancing AC Dance RM	7 Fitness Center MP2 1-3 pm Painting Class Wild Rose, Buds & Leaves	8 Fitness Center MP 2 12:30-2:30 pm Yarn Circle: Crocheting, Knitting & Social Time
11 Fitness Center MP2 12 – 4 pm Game Day Pinochle Card Game	12 Free Lunch & Learn MP1: 11 – 1 pm Lunch provided	13 Fitness Center MP2 12 – 4 pm Game Day Hand & Foot Card Game 12:45-1:45pm Line Dancing AC Dance Rm	14 Fitness Center MP2 1 – 3 pm Painting Class Duet of Cabbage Roses	15 Fitness Center MP2 12:30-2:30 pm Yarn Circle: Crocheting, Knitting & Social Time
18 Fitness Center MP2 12 – 4 pm Game Day Pinochle Card Game	19	20 Fitness Center MP2 12 – 4 pm Game Day Hand & Foot Card Game 12:45-1:45pm Line Dancing AC Dance Rm	21	22 Fitness Center MP2 12:30-2:30 pm Yarn Circle: Crocheting, Knitting & Social Time
25 Fitness Center MP2 12-4 pm Game Day Pinochle Card Game	26	27 Fitness Center MP2 12 – 4 Game Day 12:45-1:45 pm Line Dancing AC Dance RM	28 Thanksgiving	29



Painting Class: \$5R/\$6NR

Must pre-register Limited to 13 students per class - supplies included

Line Dancing Class: \$4R/\$5NR

Lunch & Learn: November 12th

Free must pre-register



Game Day: Free

Participants are welcome to bring lite refreshments.

Regulars love playing the card game Hand & Foot!