

JUNE 2021 - MAY 2022

AGES 4+

SATURDAYS

REGISTRATION FEE:

\$10 NON-REFUNDABLE

MONTHLY FEES:

\$50 RESIDENT/\$55 NON-RESIDENT

FREE 30 MINUTE TRIAL LESSON

AGES 4-7:

Minjas & Dragons

9:30-10:15AM

AGES 8 & UP:
Intermediate

Orange Belt

10:15-11:00AM

GES 8 & UP:

Beginner

White & Yellow Belt

11:00-11:45AM



Reality based Martial Arts training. Focus on real world situations and character development.

American Freestyle is a mix of martial arts consisting of Tae Kwon Do, Muay Thai, Israeli Combat, Japanese Karate, and Brazilian Ji Jitsu.

Instructed by: National Karate Mixed Martial Arts Owner Andrew Maness.

Andrew is Co-Owner of Karate MMA. Andrew is a 4th degree Black Belt in Tae Kwon Doand American Freestyle.