



GOOSE CREEK
RECREATION

Karate



JUNE 2021 - MAY 2022

AGES 5+

WEDNESDAY & THURSDAY

REGISTRATION FEE:

\$10 NON-REFUNDABLE

MONTHLY FEES:

\$75 RESIDENT / \$80 NON-RESIDENT

FREE 30 MINUTE TRIAL LESSON

A two-week advanced written notice must be given before dropping this program.

BEGINNERS:

Ages 5-7

4:30-5:30PM

Ages 7 & UP

5:30-6:30PM

THE BEGINNER CLASS IS FOR NEW STUDENTS & STUDENTS WHO HAVE BEEN A PART OF THE PROGRAM FOR LESS THAN A YEAR AND HAVE NOT ACHIEVED THE RANK OF BLUE BELT. THIS CLASS WILL FOCUS ON THE BASICS AND WILL TEACH SOME SELF-DEFENSE TECHNIQUES AND SITUATIONS IN ACCORDANCE WITH THEIR RANKS.

ADVANCED:

6:30-7:30PM

THE ADVANCED CLASS IS FOR STUDENTS WHO HAVE BEEN ATTENDING CLASS FOR MORE THAN A YEAR AND HAVE ACHIEVED THE RANK OF BLUE BELT OR HIGHER. STUDENTS IN THIS CLASS WILL LEARN ADVANCED TECHNIQUES AND AS WELL AS GO INTO DEPTH OF SELF-DEFENSE PHILOSOPHY & PRACTICE.

Heiwado Karate Center teaches Okinawan based karate style- Heiwa-do.

Sensei Eric Pansing has over 20 years of experience in Karate and Martial Arts. He is the instructor of Heiwado Karate Center, a 3rd Degree Black Belt in Shotokan and Heiwado Karate, and a 1st degree Black Belt in Yamani Ryu weapons and Kobudo. Sensei Eric is a certified AAU Coach for the Heiwado Karate Center Tournament Team.

CLASS IS HELD AT THE GOOSE CREEK COMMUNITY CENTER. 519A NORTH GOOSE CREEK BLVD.
FOR MORE INFORMATION CALL US AT 843-569-4242.