

Class Descriptions:

Mommy & Me - for both boys and girls, walking – 3yrs old. This class is an exploratory class, with a basic introduction to gymnastics, motor skills, fun and games.

Preschool Gymnastics 3-4yr old - for both boys and girls.
Structured introductory to gymnastics to build strength, flexibility, and hand-eye coordination.

Beg. Boys & Girls 5-6yr old - Structured gymnastics class to build strength, flexibility, and hand-eye coordination.

Beginner Girls Ages 6+

Beginner Boys Ages 6+

Intermediate Girls Ages 6+

Intermediate Boys Ages 6+

Advanced Girls Ages 6+

All the above classes follow the guidelines set forth by USA Gymnastics to build strength, flexibility, hand-eye coordination and build self-esteem.

Cheernastics Ages 6+ This class will concentrate on working arm motions, jumps and tumbling skills and drills.

Tumbling Classes Ages 6+

For both boys and girls.
Offering Beginner/Intermediate working on cartwheels, front and back walkovers, round offs and drills for back handsprings. Advanced Tumbling working on running tumbling and connections to take your tumbling to the next level!

It is our mission here at the City of Goose Creek Gymnastics to serve the community, providing positive experiences for its children. We strive to nurture the children with whom we work toward strong, positive self-images through their participation and achievement in gymnastics in a fun, friendly and safe environment!

Proud members of USA Gymnastics



Competitive Gymnastics Teams!

We offer Pre-Team, USA Gymnastics Development Program Levels 2-10, All Xcel Levels and TOPs

**All by invitation only.
Contact Brittany LaRoche,
Gymnastics Coordinator
for more information!**



**GOOSE CREEK
RECREATION**

June 2022 – November 2022 Recreational Gymnastics, Cheernastics and Tumbling Class Schedule

Located at: Goose Creek Activity Center
519A North Goose Creek Blvd.
Goose Creek, SC 29445
Phone: 843-569-4242
Website: www.cityofgoosecreek.com

Class	Cost	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Mommy & Me (45 Minutes) Ages: 18mo -3yr old	\$40/R \$55/NR \$25 Reg. Fee				10:00-10:45		
Preschool (45 Minutes) Ages: 3-4yr old	\$40/R \$55/NR \$25 Reg. Fee	3:15-4:00	3:15-4:00 5:15-6:00	3:15-4:00	11:00-11:45 3:15-4:00 5:45-6:30	6:15-7:00	9:45-10:30
Beg. Boys & Girls (1 hour) Ages: 5-6yr old	\$50/R \$65/NR \$25 Reg. Fee	4:15-5:15	6:00-7:00	4:15-5:15	4:00-5:00 5:00-6:00	4:15-5:15	10:30-11:30
Beginner Girls (1 hour) Ages: 6+	\$50/R \$65/NR \$25 Reg. Fee	5:15-6:15 6:15-7:15	4:00-5:00 6:00-7:00	5:15-6:15 6:15-7:15	4:30-5:30	5:15-6:15	10:30-11:30 11:30-12:30
Intermediate Girls (1 hour) Ages: 6+	\$50/R \$65/NR \$25 Reg. Fee	6:15-7:15		6:15-7:15	6:00-7:00	6:15-7:15	12:30-1:30
Advanced Girls (2 hours) Ages: 6+	\$65/R \$85/NR \$25 Reg. Fee		5:00-7:00				
Beginner Boys (1 hour) Ages: 6+	\$50/R \$65/NR \$25 Reg. Fee		5:00-6:00				
Intermediate Boys (1 hour) Ages: 6+	\$50/R \$65/NR \$25 Reg. Fee				5:00-6:00		
Tumbling- Boys & Girls (1 hour) Ages: 6+	\$50/R \$65/NR \$25 Reg. Fee			Beg/Int. 6:15-7:15	Beg/Int. 6:30-7:30 Advanced 6:30-7:30		
Cheernastics (1hour) Ages: 6+	\$50/R \$65/NR \$25 Reg. Fee	4:30-5:30					

*ALL CLASS PRICING IS FOR 1 CLASS PER WEEK

Class Attire:

Boys: wear shorts and t-shirt. Girls: are encouraged to wear leotards, but may wear shorts and t-shirt.
If long hair, we asked that it is secured away from the face. Tumbling and Cheernastics Classes: shorts and a t-shirt.

NO SOCKS OR JEWELRY ALLOWED!