Swim Lessons 2018

at the Crowfield Golf & Country Club Pool

GROUP LESSONS

2 Week Sessions

35 min classes meet Monday-Wednesday Ages 9 mo-2 yrs Parent & Tot Ages 3-4 Preschool Ages 5-10 Levels 1-3

<u>Session 1 : June 11-22</u>

June 11-22 Levels Offered

 10-10:35 a.m.
 Parent & Tot, Preschool, Level 1

 10:45-11:20 a.m.
 Preschool, Levels 1 & 2

4:15-4:50 p.m. Parent & Tot, Preschool, Level 1

5:00-5:35 p.m. Levels 1 & 2

Session 2: June 25-July 13 no lessons week of 7/2

10:00-10:35 a.m. Parent & Tot, Preschool, Level 1 & 2

 10:45-11:20 a.m.
 Preschool, Levels 1 & 2

 4:15-4:50 p.m.
 Preschool, Levels 1 & 2

5:00-5:35 p.m. Levels 1, 2 & 3

Session 3: July 16-27

10:00-10:35 a.m. Parent & Tot, Preschool, Level 1

■ 10:45-11:20 a.m. Levels 1, 2, & 3

4:15-4:50 p.m. Preschool, Levels 1 & 2

5:00-5:35 p.m. Levels 1, 2 & 3

Session 4: July 30-August 10

10:00-10:35 a.m. Parents & Tot, Levels 1 & 2

10:45-11:20 a.m. Levels 1, 2, & 3 4:15-4:50 p.m. Preschool, Levels 1 & 2 5:00-5:35 p.m. Levels 1, 2, & 3

Each two week session:

\$70 resident /\$80 non-resident

PRIVATE LESSONS

Each package includes 6-30 minute lessons

Private Swim Lessons— One on One instruction

Great for those who need more individual attention, or want the flexibility of scheduling lessons directly with your instructor.

\$120 resident/\$130 non-resident



Classes are held at: 300 Hamlet Circle Goose Creek, SC 29445



Register EARLY -

lessons are limited to 4
students per
instructor to
promote individual
attention.

There is a 3 student minimum per class. Classes may be cancelled or rescheduled if 3 student minimum is not met.

Swim Level Descriptions

Completion of a session at one level does not mean that the child will be ready to go to the next level. Please take into consideration every child learns at a different rate.

Parent & Tot: Designed to give young children a head start on swimming, to get comfortable in the water and begin to work on basic skills. Parents and children learn together and begin to work on arm and leg movements and breath control.

Preschool: Familiarize children 3-4 years old to the aquatic environment and help them acquire rudimentary basic aquatic skills.

Level 1/Beginner: For school age children to learn basics of swimming including bobbing, floating and gliding on front and back, flutter kicks, front crawl, basic safety rules, and jumping in.

Level 2/Intermediate Children should already be able to demonstrate all level 1 skills without assistance. Children will work on: floating, gliding, flutter kick, front crawl, back crawl, turning over from front to back and back to front, retrieving object, and jumping into water over their head.

Level 3/Intermediate; stroke readiness: Children should already be able to: swim front and back crawl. Children will work on: gliding, front crawl, back crawl, elementary backstroke, retrieving object, treading water, jumping into deep water, kneeling dive, and compact dive.