

Class Descriptions:

Mommy & Me - for both boys and girls, walking - 3 yrs. old. This class is an exploratory class, with a basic introduction to gymnastics, motor skills, fun and games.

Preschool Gymnastics 3-4yr old - for both boys and girls. Structured introductory to gymnastics to build strength, flexibility, and hand-eye coordination.

Beg. Boys & Girls 5-6 - Structured gymnastics class to build strength, flexibility, and hand-eye coordination.

Beginner Girls Ages 6+

Beginner Boys Ages 6+

Intermediate Girls Ages 6+

Advanced Girls Ages 6+

All the above classes follow the guidelines set forth by USA Gymnastics to build strength, flexibility, hand-eye coordination and build self esteem.

Tumbling Classes Ages 6+

for both boys and girls, offering Beginner/Intermediate skills working on cartwheels, front and back walkovers, round offs and drills for back handsprings. Advanced Tumbling working on running tumbling and connections to take your tumbling to the next level!

It is our mission here at the City of Goose Creek Gymnastics to serve the community, providing positive experiences for its children. We strive to nurture the children with whom we work toward strong, positive self-images through their participation and achievement in gymnastics in a fun, friendly and safe environment!

Proud Members of



Competitive Gymnastics Team!

We offer Pre-Team, USA Gymnastics Development Program for both Boys and Girls Levels 2-10, All Xcel Levels and TOPs All by Invitation Only.
Contact: Brittany LaRoche, Gymnastics Coordinator for more information!



June 9 - Nov. 21, 2023

Recreational Gymnastics and Tumbling Schedule



Located at:

**Goose Creek Activity Center
519A North Goose Creek Blvd.**

Phone: 843.569.4242

Website: www.cityofgoosecreek.com

June 9 - Nov. 21, 2023 CLASS SCHEDULE



Mommy & Me
45 Min. \$45/R \$65/NR
Ages: walking - 3 yrs. old

Pre-School
45 Min. \$45/R \$65/NR
Ages: 3 & 4yrs old

Beg. Boys & Girls
1 hr. \$55/R \$75/NR
Ages: 5 & 6yrs old

Beginner Girls
1 hr. \$55/R \$75/NR
Ages: 6+

Intermediate Girls
1 hr. \$55/R \$75/NR
Ages: 6+

Advanced Girls
2 hr. \$70/R \$95/NR
Ages: 6+

Beginner Boys
1 hr. \$55/R \$75/NR
Ages: 6+

Tumbling
Boys and Girls
1 hr. \$55/R \$75/NR
Ages: 6+

Monday / Tuesday / Wednesday / Thursday / Friday / Saturday

10:00-10:45

Monday / Tuesday / Wednesday / Thursday / Friday / Saturday

3:15-4:00

**3:15-4:00
5:15-6:00**

3:15-4:00

**11:00-11:45
3:15-4:00
5:45-6:30**

6:15-7:00

9:45-10:30

Monday / Tuesday / Wednesday / Thursday / Friday / Saturday

4:15-5:15

6:00-7:00

4:15-5:15

**4:00-5:00
5:00-6:00**

4:15-5:15

10:30-11:30

Monday / Tuesday / Wednesday / Thursday / Friday / Saturday

5:15-6:15

4:00-5:00

5:15-6:15

4:30-5:30

5:15-6:15

10:30-11:30

6:15-7:15

6:00-7:00

6:15-7:15

11:30-12:30

Monday / Tuesday / Wednesday / Thursday / Friday / Saturday

6:15-7:15

6:15-7:15

6:00-7:00

6:15-7:15

12:30-1:30

Monday / Tuesday / Wednesday / Thursday / Friday / Saturday

5:00-7:00

Monday / Tuesday / Wednesday / Thursday / Friday / Saturday

4:00-5:00

Monday / Tuesday / Wednesday / Thursday / Friday / Saturday

Beg./Int.

6:30-7:30

Advanced

6:30-7:30

***ALL CLASS PRICING IS FOR 1 CLASS PER WEEK AND A FLAT RATE PER MONTH**

Class Attire:

Boys: wear shorts and t-shirt. **Girls:** are encouraged to wear leotards, but may wear shorts and t-shirt.

Tumbling classes: shorts and a t-shirt. Hair MUST be secured away from the face.

NO SOCKS OR JEWELRY ALLOWED!

